



Gail Lois Jaffe, P. A.
Healer -- Artist

Brennan Healing Science Practitioner
LMT #MA78553

CLIENT INFORMATION AND CONSENT TO TREATMENT

I am pleased to meet you and have the opportunity to work with you. Before we begin it is important that you receive some basic information about the healing work in which I am trained, the basic protocol, what you may expect during a session, and my schedule and fees.

I am a Brennan Healing Science Practitioner, which means I have graduated from an intensive 4-year program at The Barbara Brennan School of Healing. I am also a Licensed Massage Therapist (#MA78553), which means I have complied with the State of Florida rules for touch. The techniques that I use in Energy healing, include a gentle placement of my hands on joints and energy center of the body while you lay fully clothed on the massage table. The energy work is done with my hands on the body and through the Human Energy Field which surrounds the body.

It is my experience that the Brennan Healing Science work clears and charges the energy field, removes energetic blocks that lead to dis-ease, and enhances the body's natural healing capability. Many of my clients experience increased well-being and improvement in their condition, however I cannot promise these things as everyone is unique in their experience of this work.

I clearly and definitively state that I do not medically diagnose or prescribe treatment. If you have a physical injury or disease condition, I ask that you also be in the care of a licensed medical professional. I do not advise you to discontinue any medical treatment you may be receiving. My work is intended to be in harmony with any other healing work that you receive, including traditional medicine, alternative medicine, or any form of physical or psychological therapy. Please feel free to discuss our work with your Physician, Psychotherapist, or others on your care team. _____ (initial here)

Self-care is an extremely important part of your healing process. At all times, your healing is your responsibility. If at any time during the session you are uncomfortable, it is your responsibility to inform me immediately. I recommend that you refrain from using alcoholic beverages for 24 hours following your session and for the 3 days following your session you pay attention to your self-care: drinking water, rest, sleep, nutritional needs, and notice any thoughts, feelings, insights, dreams, and anything that surfaces for you. I advise that you make note of all these things and share during your next session. _____ (initial here)

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My approach to healing and personal transformation is holistic, focusing on you as a unique, complex, dynamic being of body, mind, and spirit. I offer to serve as a facilitator in your self-initiated process of healing and transformation. I am here as your committed listener and partner in the process. In the course of our work together we will explore areas that influence your state of well-being. We may address your health history, life stressors, belief systems and attitudes, your family and childhood history, diet, exercise, dreams, longings, and your experiences in relationships. This helps me understand you at a deeper level so that I can support you in the best way possible. I will be able to tell you where your energy is blocked in your body, and help you to release these blocks. I may suggest ideas for further self-healing, which you may implement if you choose to do so.

What you share with me is always kept confidential. I do, however, discuss clients, without mentioning their names, with my professional supervisors or professional peers for the purpose of my continuing professional development, and so that clients may receive the best assistance available.

Although I am also a Licensed Mental Health Counselor, and I bring my years of experience as a Psychotherapist with me to the session, and although we do talk prior to the Energy Work, this is a different approach than Psychotherapy, as it is energy based, and more holistic and spiritual in nature, and less behavioral and intellectually based. If it is psychotherapy that you are seeking, and if you want clarification about the difference in modalities, feel free to ask me. Each service that I offer, or combination of modalities, is based on my evaluation of your treatment needs, and is negotiated by informed consent. _____ (initial here)

Protocol: First we will go over your history, included medical, social, and emotional, and focus on your present concern. You will be asked to state an Intention for what you hope to gain for the session. When this is established, and the talk portion has been completed, we will move to the massage table and do energy healing. When it is completed, you will be given a few minutes to relax, and share BRIEFLY about your experience, then when feeling grounded, the session is concluded. It is important not to talk more than briefly at that time as one tends to try to intellectualize the experience, rather than stay in it and let it settle. Observe the self-care suggestions outlined above, and bring any concerns or questions to your next session. It is normal for feelings and thoughts to come up after a session and they will be addressed at the next session. Of course, if you have any questions or concerns that cannot wait, feel free to call me and I will do my best to get back in touch with you within 24 hours.



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Scheduling and fees:

You may prefer to set up a regular schedule for this work, but there is never an obligation to continue treatment. If you need to reschedule an appointment I would appreciate as much notice as possible.

I require a minimum of 24 hours' notice for all cancelled appointments or you will be charged for the session. _____ (initial here)

The initial healing session is 1 hour and 15 minutes and the fee is \$190.
Current psychotherapy clients initial healing session is 1 hour and the fee is \$150.

Subsequent sessions are 60 minutes and the fee is \$150.

I also offer a combination of 30 minutes of Psychotherapy and 45 minutes of Brennan Healing Science. The fee is \$190 for the total 75-minute session.

If you feel you need a longer session than an hour, you can choose to schedule more time in 15 minute increments. The fee for each additional 15-minute segment will be \$40.

The session includes discussion to uncover what work is needed that day; the healing work; which can include table work, process work, resting, integration, closure, and setting up your next appointment.

To schedule an appointment please call 772-559-6094.

Please be sure to complete: Acknowledgement, Release, and Consent to Receive Services and Client Intake Form